



# TREATMENT MENU

In partnership with :

## PHYTOMER

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Let yourself be carried away by a wave of well-being.

Enjoy the benefits of natural products and treatments created in Saint Malo and chosen by the most beautiful spas around the world.

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# FACIAL TREATMENTS

## BY PHYTOMER

### INNOVATIVE GLOBAL ANTI-AGING TREATMENT

90min - 160€

An exceptional treatment that combines relaxation and results. It begins with a warming treatment infused with trace minerals applied to the back, followed by a sculpting and smoothing massage of the face and décolletage. The result: firmer contours, smoother skin, and a renewed glow.

### PERSONALIZED ANTI-AGING SKINCARE

60min - 110€

A high-performance treatment tailored precisely to your skin. Our expert analyzes your needs and creates a customized treatment by selecting the active ingredients best suited to your priorities: smoothing wrinkles, plumping facial contours, or reducing dark spots. Thanks to this personalized approach, your face is visibly smoothed, refreshed, and regains an immediate radiance.

### PERSONALIZED TREATMENT

60min - 95€

Forget traditional skincare routines: our expert assesses your needs and selects the perfect products for you. Whether your skin is dehydrated, sensitive, or in need of a boost, she creates a unique, fully personalized skincare regimen.

Trust her expertise or choose your preferred treatment category: Hydrating • Purifying • Soothing • Radiance • Organic

# RELAXING BODY TREATMENTS

## BY PHYTOMER

### SEA BUBBLES

60min - 95€

A relaxing ritual combining an invigorating scrub, self-heating sea mud, and a deep back cleanse. This moment of relaxation is extended by an ultra-relaxing massage of the face, décolletage, and scalp, enhanced by soothing warmth.

### SEA SCRUB

60min - 95€

A salt crystal scrub followed by a relaxing massage using a rich lotion to deeply hydrate and refine the skin's texture.

A pampering treatment that leaves the skin infinitely soft, supple, and delicately scented.

# RELAXING BODY TREATMENTS

## BY PHYTOMER

- **Personalized Treatment** : A tailored experience where techniques and products are adapted to your expectations. Let us guide you based on your current needs.

30min - 50€ / 60min - 95€ / 90min - 135€

### Or choose your theme :

- **California Wave** : Wide, sweeping movements and gentle touches to release tension.

30min - 50€ / 60min - 95€ / 90min - 135€

- **Sea Holistic** : A Thai-inspired massage combining warmth, pressure, and stretching to release every point of tension. (Minimum 1 hour)

60min - 95€

- **Oligomer Spa** : (available with or without exfoliation) An exceptional treatment and full-body rejuvenating massage for total relaxation.

60min - 95€ without exfoliation / 90min - 135€ with exfoliation

- **Trésor Wellness** : A flowing massage inspired by Ayurveda for complete relaxation and a feeling of lightness.

60min - 95€

# BODY CARE & FITNESS

## BY PHYTOMER

### LIGHT ON YOUR FEET

45min - 75€

A comprehensive treatment including exfoliation, a body wrap and a targeted massage to stimulate circulation and provide deep relaxation. This treatment enhances the beauty of your legs while offering an immediate sense of lightness and comfort.

### PERSONALISED SLIMMING TREATMENT

60min - 95€

A high-performance treatment featuring active ingredients tailored to your needs. Choose your goal or let our expert guide you:

- **Tone** : Seaweed wrap and invigorating massage to refine and firm the skin.
- **New Skin** : Exfoliation and smoothing wrap for immediate results.
- **Sculpt** : Exfoliation, thermo-sculpting formula and targeted massage to combat cellulite

